

# RECENTLY IN THE AMERICAN TROPICS?



**MOSQUITOES** spread diseases such as **CHIKUNGUNYA** and **DENGUE**



Watch for fever with joint pains or rash in the next 2 weeks.

2 WEEKS						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4



If you get sick, see a doctor. Tell the doctor where you traveled.

For more information: call 800-CDC-INFO (232-4636) or visit [www.cdc.gov/travel](http://www.cdc.gov/travel).



U.S. Department of Health and Human Services  
Centers for Disease Control and Prevention