

Fight the Bite



Reduce the risk of getting ill from viruses carried by mosquitoes.

Practice the 5D's:

- Don't go outdoors between **DUSK** & **DAWN** when mosquitoes are most active.
- To protect against bites, **DRESS** so your skin is covered with clothing.
- Apply mosquito repellent containing **DEET*** to bare skin and clothing.
- Empty containers and **DRAIN** stagnant water so mosquito wrigglers can't grow up to become biters.